

Life by DesignMaking Wise Choices in a Mixed Up WorldLife by DesignMaking Wise Choices in a Mixed-up WorldMcGraw-Hill Companies

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Personal stories, real-life examples, and exercises explain how to clarify values, set goals that are both specific and attainable, avoid self-defeating behaviors, and choose to build lasting, beneficial relationships.

Is your life as fulfilling as you envisioned it would be? Or do you feel the tug of discontent ... the yawn of stagnation ... or the sense that joy is being sapped away by looming difficulties and everyday stress? Does your life seem to be unfolding beyond your control?You're not alone. Chance, chaos, and adversity are constant forces in everyone's life. But amidst the inevitable challenges, you have the power to make choices. And by making wise choices, you have the power to change your life.Now bestselling authors Drs. Rick Kirschner and Rick Brinkman show you how to unite all the factors of mental, emotional, and physical health into an easy-to-follow "lifestyle management system" for total fulfillment.Step by step, choice by choice, this book shows you how to take charge of your life by making conscious choices that promote optimum physical, emotional, and mental well-being. Complete with personal stories, real-life examples, and revealing exercises, Life by Design helps you: * Clarify your values and build your life around them* Set specific, attainable goals, and align your actions with them* Neutralize negativity and self-defeating behavior* Build lasting relationships that support a life by designLife by Design will guide you to new attitudes and habits that give you more energy, richer relationships, and a better quality of life.Dr. Rick Kirschner and Dr. Rick Brinkmanare naturopathic physicians, professional speakers, and trainers who perform over 150 programs a year all over the world.They are co-authors of the bestselling Dealing With People You Can't Stand, and numerous other bestselling and award-winning audio and video programs. Before download book Life by Design, see many things was described and related topics

#1 New York Times Bestseller At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise. "Designing Your Life walks readers through the process of building a satisfying, meaningful life by approaching the challenge the way a designer would. Experimentation. Wayfinding. Prototyping. Constant iteration. You should read the book. Everyone else will." —Daniel Pink, bestselling author of Drive "This [is] the career book of the next decade and . . . the go-to book that is read as a rite of passage whenever someone is ready to create a life they love." —David Kelley, Founder of IDEO "An empowering book based on their popular class of the same name at Stanford University . . . Perhaps the book's most important lesson is that the only failure is settling for a life that makes one unhappy. With useful fact-finding exercises, an empathetic tone, and sensible advice, this book will easily earn a place among career-finding classics." —Publishers Weekly.

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[Download pdf file Making Wise Choices in a Mixed-up World](#) From composer, musician, philanthropist--and son of Warren Buffett--comes a warm, wise, and inspirational book that expounds on the strong set of values given to him by his trusting and broadminded mother, his industrious and talented father, and the many life teachers he has met along the way.

The four principles that can help us to overcome our brains' natural biases to make better, more informed decisions--in our lives, careers, families and organizations. In Decisive, Chip Heath and Dan Heath, the bestselling authors of Made to Stick and Switch, tackle the thorny problem of how to overcome our natural biases and irrational thinking to make better decisions, about our work, lives, companies and careers. When it comes to decision making, our brains are flawed instruments. But given that we are biologically hard-wired to act foolishly and behave irrationally at times, how can we do better? A number of recent bestsellers have identified how irrational our decision making can be. But being aware of a bias doesn't correct it, just as knowing that you are nearsighted doesn't help you to see better. In Decisive, the Heath brothers, drawing on extensive studies, stories and research, offer specific, practical tools that can help us to think more clearly about our options, and get out of our heads, to improve our decision making, at work and at home.

[Download pdf file A Personal Plan to Bring Out the Best in Yourself](#) A lively, passionate argument for the backyard vegetable garden, drawing on science, history, and stories from the author's garden. Our parents saw supermarkets and processed foods as the height of convenience. But nothing is more convenient than grocery shopping in the backyard. A vegetable garden offers the best defense against rising food prices, the most environmentally sound way to eat, and better exercise than any gym. It will turn anyone into a wonderful cook, since nothing tastes more vibrant than homegrown. And it can take less time every week than a trip to the supermarket. In Grow the Good Life, Michele Owens, an amateur gardener for almost two decades, makes an entertaining and persuasive case for vegetable gardens. She starts with two simple but radical ideas: Growing food on a small scale is easy, and it is absurdly rewarding. With her wry, funny, and accessible approach, Owens helps beginning gardeners overcome obstacles that keep them from planting a few seedlings every spring. She explains why dirt isn't dirty; the health benefits of growing one's own food; and that vegetable gardens are not antithetical to the frantic pace of modern life, but simple and undemanding if intelligently managed. Grow the Good Life is not just another how-to. Instead, it will teach you the true fundamentals of vegetable growing: how to fit a garden into your life and why it's worth the trouble.

[Download pdf file Designing Your Life](#) Practical, field-tested advice on how academic leaders can deal with times pressures and the other stresses of their positions.

[Download pdf file How to Build a Well-Lived, Joyful Life](#) Evans offers tips and ideas to teach that in the midst of a storm women can be more than survivors through the power of God.

[Download pdf file Life Is What You Make It](#) "A book that every academic leader should read and put into practice." —Kim Cameron, associate dean of executiveeducation, Ross School of Business, University of Michigan Praise for Positive Academic Leadership " Buller has produced a book that every academic leader shouldread and put into practice. Positive Academic Leadershippulls together an amazing array of scientific findings andpractical guidelines that will be invaluable for academic leaderslooking to improve themselves and their institutions." — KimCameron, associate dean, William Russell Professor of Managementand Organizations, Ross School of Business; professor of highereducation, School of Education, University of Michigan " If I had a magic wand and could make one wish for all ofhigher education, it would be that we had better institutionalleadership. Whether one is a chair, dean, provost, president, or onthe Board of Trustees, this book can make a world of difference inyour ability to provide that leadership!" — L. Dee Fink,author, Creating Significant Learning Experiences: formerpresident, Professional and Organizational Development Network inHigher Education " Buller's book brings hope for leadership in higher educationby emphasizing the importance of a positive approach that empowersand inspires others. Positive Academic Leadership has thepotential to transform higher education for the benefit ofstudents, faculty, and ultimately our communities and our world."— Kina S. Mallard, provost and vice president of academicaffairs, Carson-Newman University " Academic leaders who find themselves engulfed in negativethinking and considering only damage control scenarios for pressingissues will want to read this book. Employing what Jeffrey Bullercalls 'positive academic leadership' is, I believe, essential totransforming feelings of despair into constructive leadership."— Mary Lou Higginson, vice president for academic affairs,emerita, Baldwin Wallace University " I can't recall reading any book on leadership that is moreapplicable to the work of faculty development. Every academicleader—faculty member, chair, dean, or campusadministrator—will benefit from Jeffrey Buller'sevidence-based model and practices of positive academicleadership." — Mary Deane Sorcinelli, associate provost forfaculty development, University of Massachusetts Amherst

[Download pdf file Vern Yip's Design Wise](#) Are you one of the 123 million people in this world who is dissatisfied in your life? Do you run day-to-day on autopilot? Have you settled for "good enough"? Are risks just too risky? Are you living in a coma and don't even know it? If you answered yes to any of these questions, then you are living by default and not By Design! This book will help you discover a passion for life that extends beyond your career and material success—a passion that involves your identity, your self-worth, your relationships, and your health. It is time to emerge from your coma, embrace renewed vitality, and approach life By Design! In this dynamic hands-on guide, world-class success coach and motivational leader Tom Ferry reveals the secrets to achievement at work and at home, and how to create a greater balance between the two. This book will help you conquer the four addictions that are holding you back from living up to your greatest potential: addiction to the opinions of others, addiction to drama, addiction to the past, and addiction to worry. By becoming aware of these addictions, you will be better equipped to respond to uncertain times and to the challenges that crop up in your daily life. Tom Ferry's unique six-step approach to living By Design will help you emerge from complacency into action and accomplishment. Step 1: Explore the Core Seven life assessments—your career, your intimate relationships, your finances, your physical body, your spirituality, your attitude about the world, and your intellectual self—and pinpoint the areas in which you want to improve. Step 2: Make the conscious, deliberate choice to change your life and find fulfillment, no matter the obstacles. Step 3: Create your Life! By Design by declaring what you want for yourself, defining your goals, and devising a concrete plan to make it happen. Step 4: Identify the actions you can take to ensure that you thrive in all areas of your life. Step 5: Visualize your life as you want it to be. This simple but profound exercise is a proven technique that will lock in your vision and will lead you toward achieving your goals. Step 6: Create accountability and structure to break old habits and gain the discipline required to live life to your fullest potential. It's time to draw the line between the past and the present as you face your fears, and go for everything you really want. This is Life! By Design. And the results will astound you!

[Download pdf file Your Smart Guide to a Beautiful Home](#) The president of Encouraging Words, a popular conference speaker and author, offers practical tips on making wise decisions and cultivating healthy habits that can enrich lives and relationships.

[Download pdf file Decisive](#) For an important correction and helpful tips for facilitating this course, visit TheSignificantWoman.com/facilitators/tips-for-soaring-facilitators/ Evangelistic Life-Coaching Course for Women 158 pages, full-color Facilitator Guide Are you looking for a unique way to reach the hearts of non-Christian women and share the gospel with them? Would you like to have a small group evangelistic resource to use in your neighborhood, on your campus, in your office, or with friends or family? SOARING may be the very resource you're looking for. SOARING is a small group evangelistic, life-coaching course that any Christian woman can easily facilitate. In this course women identify and celebrate their uniqueness, consider God as their life foundation and discover their direction in life as they pursue their personal life design. The Facilitator Guide equips you to facilitate each Life-Coaching Group session. Facilitator notes, positioned on each participant page, explain how to facilitate the content for your group members. Additional input and instructions are included in the Facilitator Instructions section and on supplemental pages. The Facilitator Guide also includes four copies of the mini-book, Can God Meet the Longing of Your Heart? All of this makes facilitating this course easy and enjoyable. When inviting women, you explain that this course covers all areas of life—relational, vocational and spiritual—and that you will be sharing from your life, including your spiritual perspective as a Christian. Since this is a Christian website and most of the women in your group will be non-Christians, it is recommended that you purchase the Participant Books for your group and have the women reimburse you. SOARING contains a clear and simple presentation of how Christ can become a woman's life foundation. The course is designed to ensure an ongoing, positive community environment for the group, no matter what each woman's response is to the idea of God as their life foundation.

[Download pdf file How to Make Better Choices in Life and Work](#) Life is indeed a game that we all play to pass time: simply a series of days strung together, made up of how you planned or decided to spend the moments. Like any game how well it is played or whether life's circumstances are interpreted accurately, then used to the best advantage, makes losers and winners to varying degrees. Senseless insanity is alive and well within the world. The world is awash with unruly forces, that if not intent upon harming you do desire to become a destabilising force, either temporarily or over the long term. We are all participants in a charade, how life evolves and turns out all depend on how well the game is played. It is not wise or ideal to treat life like a game of chance, a random roll of the dice that can determine unpredictable outcomes. The cost of success is the careful application of well thought out concepts and ideas. Like any game preparation is critical: understanding the rules, knowing how to manipulate the dynamics at play efficiently to ones own advantage, understanding the intricacies of the rules and how to capitalise upon or create opportunities, pursuing whatever circumstances are present to maximise whatever potential exists to the best advantage. The potential opportunities in life are only limited by the inability to firstly comprehend them and secondly to fully utilise personal abilities to maximise the potential that is available. Don't wait for special times to evolve, rather create them in accordance with your true desires to experience what you wish to make real. Much like any game, the game of life has things that can be obtained, or things that can be lost. How the game is played, the value of the stakes, the opposing factions all come to dictate an outcome, be that favourable or lacking any resemblance of being lucky. A life lived based upon any reliance on luck or fate being favourable is tempting only to the over optimistic, or those extremely lucky ones or who were fortunate in the past and believe that good fortune will continue in the future. While it takes resources to control the world, the control of your own specific world environment is really within your potential to achieve. How you choose to control your world, as well as to what extent your desires are put into action, determine whether your life will meet your wishes or not. The amount of thought and energy you exhort, the persistence of that effort, all comes to determine whether and to what degree what you want is what you actually get. In life you may win or loose at times, it's basically just like playing a game: the right mentality is chancing the wheel of life by trusting and ensuring you will win just the same.

[Download pdf file Grow the Good Life](#) The business to business trade publication for information and physical Security professionals.

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[Download pdf file Managing Time and Stress](#) [Download pdf file A Guide for Academic Leaders to Accomplish What Matters](#) The financial planning profession is undergoing a transformation from the historical approach of transactions and straight asset accumulation to an integrated financial and life planning strategy for customers. Your Clients for Life: The Definitive Guide to Becoming a Successful Financial Life Planner is a roadmap that financial planners can use to understand how to make the connection between financial planning and life planning. Its premise is that advisors of the future will need to deal more with money as an element of a client's life that cannot be viewed alone.

[Download pdf file C'ing Your Way Clear](#) Are you living with the stress of an overwhelmed schedule and aching with the sadness of an underwhelmed soul? Lysa TerKeurst is learning that there is a big difference between saying yes to everyone and saying yes to God. In The Best Yes she will help you: Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small no. Overcome the agony of hard choices by embracing a wisdom based decision-making process. Rise above the rush of endless demands and discover your best yes today.

[Download pdf file Every Woman's Guide to Handling Life's Storms](#) Most people can handle working longer hours; its everything else competing for your attention that leaves you feeling overwhelmed. Learn to overcome overwhelm and information overload with Sundardas. Sundardass brand new book Mastering Time: How to Double your Productivity in 21 Days is the result of two decades of research, and he provides compelling insight into how we can use the irreplaceable resource of time for success, better health and greater fulfillment. Dr Sundardas offers time and stress management techniques that most people have never considered and innovative methods for daily effectiveness that anyone can master. He has worked with in excess of 15,000 individually from more than 20 countries and presented his work globally on wellness and peak performance. Sundardas also helps service orientated small businesses around the world reach six and seven figure financial success while creating lives rich with meaning and systems. Also, you will learn Sundardass time management secrets for having the time to write 10 published books and two previous bestsellers as well as develop multiple businesses. Dr Sundardas will motivate you to take what youve learned right back to your office or your home and put it into practice. And in his book Mastering Time: How to Double your Productivity in 21 Days Dr. Sundardas guides you on an empowering journey of discovery a journey to your Emerging You.

[Download pdf file Positive Academic Leadership](#) El bestseller que ha ayudado a miles de personas a lidiar de forma adecuada con distintos tipos de personas conflictivas y situaciones difíciles. Cómo tratar con gente complicada te brinda una serie de estrategias y herramientas emocionales y de comportamiento para mejorar tus relaciones interpersonales. Descubre las características de los diferentes psicotipos (tipos de personalidad) para llevarte bien cuando tratas con personas que tienen la misteriosa habilidad de sabotear, descarrillar e interferir con tus planes, necesidades y deseos. Aprenderás cómo: - Usar técnicas de escucha sofisticadas para abrir las puertas a las mentes, corazones y necesidades más profundas de las personas. - Aplicar habilidades de "ponte al mando" que convierten el conflicto en cooperación al reducir las diferencias entre las personas. - Transformar el comportamiento destructivo delTanque, el Francotirador, el Sabelotodo, el Quejumbroso, el Mártir, el Entrometido y otros tipos de personas difíciles. Ya sea que estés tratando con un compañero de trabajo que intenta atribuirse el mérito de tu proyecto, un familiar que no conoce límites personales o un desconocido que habla muy alto por teléfono en el transporte público, este libro te brindará las herramientas para sacar lo mejor de las personas en su peor momento.

[Download pdf file How to Stop Putting Out Fires and Start Making a Difference](#) If you want to go up the ladder of success, if you want to get what you want, if you want to fulfill that "burning desire" that keeps your mind busy all the time and you do not do something about it, if you want to do "that thing" that you wanted to do some day but you never got a chance to do so, you must take your hands out of your pockets, roll up your sleeves, and take action now. You cannot sit still and expect the elevator of success to come down and take you to the peak. It has not happened to anyone. It will not happen to you either, guaranteed! Over the past several years I have helped many people like you to take their hands out of their pockets and climb their ladder of success. I have spent quality time with them, listened to them, felt their pain, assisted them in taking the right path, and made sure they came out of the process successful and fulfilled. I want to help you too. If you are committed to YOUR success and want to get what you truly want, this book is an excellent start. Are you ready for the journey?

[Download pdf file CIO](#) This is not just another happiness book. In Happiness by Design, happiness and behavior expert Paul Dolan combines the latest insights from economics and psychology to illustrate that in order to be happy we must behave happy Our happiness is experiences of both pleasure and purpose over time and it depends on what we actually pay attention to. Using what Dolan calls deciding, designing, and doing, we can overcome the biases that make us miserable and redesign our environments to make it easier to experience happiness, fulfillment, and even health. With uncanny wit and keen perception, Dolan reveals what we can do to find our unique optimal balance of pleasure and purpose, offering practical advice on how to organize our lives in happiness-promoting ways and fresh insights into how we feel, including why: • Having kids reduces pleasure but gives us a massive dose of purpose • Gaining weight won't necessarily make us unhappier, but being too ambitious might • A quiet neighborhood is more important than a big house Vividly rendering intriguing research and lively

anecdotal evidence, Happiness by Design offers an absorbing, thought-provoking, new paradigm for readers of Stumbling on Happiness and The How of Happiness.

[Download pdf file Life! By Design](#) This book will show you how to break through that self-imposed ceiling. It will challenge you to Take Command of your life by: 1. Awakening you to your beliefs and stories 2. Disrupting your patterns and behaviors 3. Designing a future you can't wait to live into

[Download pdf file 6 Steps to an Extraordinary You](#) You are capable with high aims for both your personal and work life. Triggered by a current challenge or at a crossroads, you want to make a breakthrough. 'Inner Leadership' is bold and original. Distilled from David's long experience as a top international executive coach a compelling story unfolds revealing the secrets of an integral approach to making personal and professional breakthroughs. We meet Ben and his close friend and mentor Leo, then a group of other high-achievers at different stages of their own journeys. Leo engages them in a rich and challenging process which reconnects each individual with their central self, liberating enhanced performance, wellbeing and fulfillment. "The drives for security and success can take us a long way, but the doorway to our deepest love is a radical new experiential awareness of ourselves - skilfully applied to our situation." "Freud tells us that to be healthy is to be able to work and to love. Ahh... but how to work and love? In this unique book, David Fish shows us through his stories what kind of inquiry is necessary if we wish to work and love well." Bill Torbert, Professor of Leadership Emeritus, Boston College

[Download pdf file Making Wise Life Choices](#) While most of her peers were obsessed with their iPhones, Instagramming and Snapchatting their lives, and glued to streaming TV, 19-year-old Amy Crouch was growing up with minimal technology. In My Tech-Wise Life, she and her father, Andy Crouch, share how intentional and controlled use of modern devices, apps, and services has helped her avoid many of the negative experiences of her peers and cultivate positive experiences interacting with the real world. With writing that connects on a teen-to-teen level, Amy and Andy unpack tech temptations--such as the temptation to distract ourselves from any potentially boring or awkward situation, or to stay up-to-date with every notification and trend--and then offer antidotes that lead to more patience, wisdom, honesty, and wonder in life. If you're in high school or college and devices and social media are affecting your friendships and family life, your sense of self-worth, or even how well you think you know yourself, this book will help you reevaluate your relationship with technology--and renew your relationship with the world around you.

[Download pdf file SOARING: Your Life Journey by Design \(Facilitator Book\)](#) Ann had done everything right while growing up. She did well in school, went to church, taught Sunday school, protected her brothers from bullies, helped her mother with the cooking and cleaning, and even put herself through university. According to the magic formula of happiness, all that she needed to do now was get a good job, marry a hard-working man, live an honest life and everything else would fall into place. Yet even after doing everything right, Ann's life insisted on going horribly wrong. After four and a half decades of hardship and struggle she could only ask the question that everyone asks at times like these: Why would God allow this to happen? Now, by retracing her steps and applying biblical scripture to those difficult times she understands that it's the challenges in life that shaped her. Reading the Bible can be a huge, confusing task for many people since it seems that scripture is outdated and no longer applies to today's lifestyle. While difficult to understand, the Bible is not as out of date as some people think. A Book of Storms takes the confusion out of some of the most misunderstood passages from the Bible and relates them to everyday life. If you would like to apply biblical verses to the ups and downs of your regular lifestyle, and learn how God uses hardship to bring us closer to Him, this is the book for you.

[Download pdf file Life Is Simply A Game](#) "Wise Church is about rethinking church cultures so they become more of a wisdom culture. The topics vary as widely as church life itself: letter writing as pastoral care, the work life of congregants, evangelism, music, church economics, spiritual formation as the pursuit of wisdom, racial justice, marriage, learning how to teach like Jesus, gospeling like the apostles, and the wise use of social media. These studies are by pastors and scholars pondering wisdom, but more than that, they are pondering the life we all live in a wise way. We and our churches need wisdom, not simply because we live in an ever-changing world, but because the God we worship is himself wise. Wise church cultures reflect the wisdom of God back into the world, a world looking for wisdom." With contributions from: Jeff Bannman Jeremy Berg Brandon Evans Pete Goodman David Johnston Ernest F. Ledbetter III Julie Murdock Joshua Little John M. Phelps Ivan Ramirez Bill D. Shiel

Wealth should never consume or imprison the wealth holder, but it can. This book provides solutions to the issues many wealth inheritors encounter, including problems with trust, family wealth secrets, and family legacy.

- Helps wealth inheritors to better manage the challenges that come with the significant wealth they have now or will receive in their lifetime
- Gives wealth inheritors the understanding and vocabulary to address wealth challenges and the capacity to openly communicate about them with parents, grandparents, and others
- Provides the wealth inheritor's parents and grandparents with an appreciation of the struggles many wealth inheritors face, ones that they may have forgotten themselves
- Identifies 10 specific challenges facing young, wealthy people today and advises them on how to deal with these challenges successfully

An inspiring instructional handbook for transforming idealism into social change The pursuit of freedom and justice is a timeless one, but new activists may not know where to begin, while more experienced ones often become jaded or fatigued. The task of constructing a new society, free from oppression and inequality, can be overwhelming. Tools for facilitating motivation, engagement, and communication can mean the difference between failure and success for activists and social movements. Educating for Action collects the voices of activists whose combined experience in confronting injustice has generated a wealth of key insights for creating social change. This practical guide explores such topics as: Community activism and direct democracy Conflict negotiation, communication, and rhetoric Law, the educational system, and lifestyle activism Social media skills, conference planning, and online organizing Written in an inspirational tone, Educating for Action consciously straddles the line between street activism and classroom instruction. Bridging the gap between these two worlds makes for an engaging and instructive manual for social justice, helping students, teachers, and larger activist communities turn their idealism into action. Jason Del Gandio is a scholar-activist and assistant professor of rhetoric and public advocacy at Temple University. He is the author of Rhetoric for Radicals: A Handbook for 21st Century Activists . Anthony J. Nocella II is a scholar-activist and senior fellow of the Dispute Resolution Institute at the Hamline Law School. He is a long-time anti-racism, youth justice, prison abolition, hip hop, animal, disability, and Earth liberation activist and has published over fifty scholarly articles and book chapters and sixteen books.

Leading landscape photographers Diane Cook and Len Jenshel present Wise Trees—a stunning photography book containing more than 50 historical trees with remarkable stories from around the world. Supported by grants from the Expedition Council of the National Geographic Society, Cook and Jenshel spent two years traveling to fifty-nine sites across five continents to photograph some of the world's most historic and inspirational trees. Trees, they tell us, can live without us, but we cannot live without them. Not only do trees provide us with the oxygen we breathe, food gathered from their branches, and wood for both fuel and shelter, but they have been essential to the spiritual and cultural life of civilizations around the world. From Luna, the Coastal Redwood in California that became an international symbol when activist Julia Butterfly Hill sat for 738 days on a platform nestled in its branches to save it from logging, to the Bodhi Tree, the sacred fig in India that is a direct descendent of the tree under which Buddha attained enlightenment, Cook and Jenshel reveal trees that have impacted and shaped our lives, our traditions, and our feelings about nature. There are also survivor trees, including a camphor tree in Nagasaki that endured the atomic bomb, an American elm in Oklahoma City, and the 9/11 Survivor Tree, a Callery pear at the 9/11 Memorial. All of the trees were carefully selected for their role in human dramas. This project both reflects and inspires awareness of the enduring role of trees in nurturing and sheltering humanity. Photographers, environmentalists, history buffs, and nature-lovers alike will appreciate the extraordinary stories found within the pages of Wise Trees!

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